

# Sole Brothers Rift Valley, Ethiopia January 31, 2013

Salopek will take millions of steps on his trip. So, his footwear is pretty important.

In some places, people wear different kinds of shoes. This is not true in Ethiopia. Most people there wear sandals. They look the same. They don't cost very much.

We are walking. There are footprints everywhere. All the footprints were made by the same kinds of shoes. Yet, our guide can read the footprints. He points to one. He says that his friend will be waiting for us in the next town. And he was!



Around 60,000
years ago, humans
migrated out of
Africa. They moved
to the rest of the
world. Salopek is
following their path.



# Awad's Refrigerator Umlajj, Saudi Arabia October 30, 2013

Salopek and his guides carry everything they need. That includes carrying water.

When walking through a desert, it's important to bring water. It's nice when the water is cool.

Awad Omran is my camel handler. He has a special way to carry water. He keeps it cool, too. He made a special bottle. He used cardboard and other junk. He wraps the bottle with cardboard and sack material. The bottle starts to sweat in the heat. The wetted cardboard helps keep the water cool.



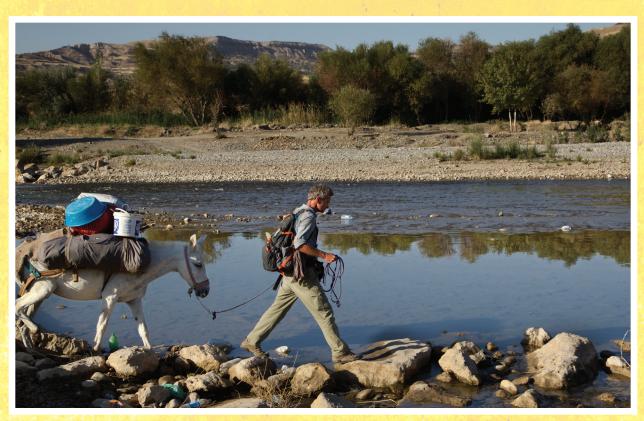
Awad keeps water cool with a canteen made with sack material, cardboard, plastic twine, and a plastic water bottle.

### My Mule Near Siverek, Turkey December 11, 2014

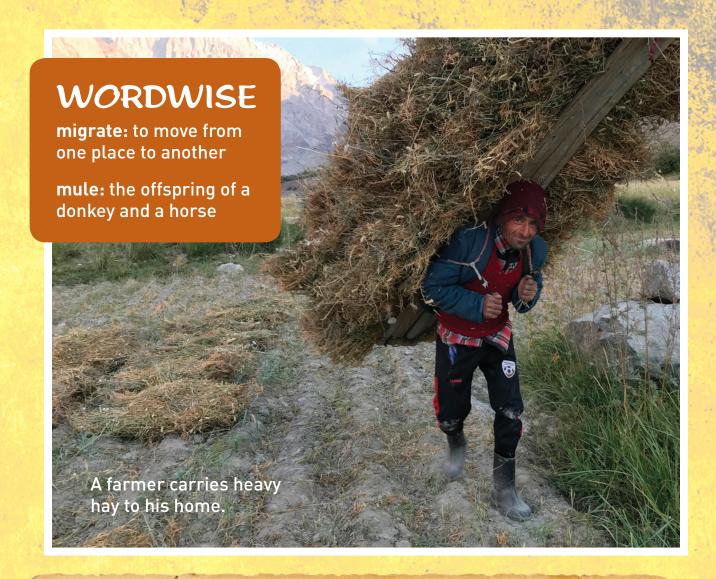
Salopek does not walk alone. Pack animals carry his supplies. Here, he writes about his mule.

It doesn't matter what you call a **mule.** A mule won't answer to it. Each of my walking partners has called our mule by a different name. One guide called her Barbara. Another called her Sweetie. My photographer calls her Snowflake.

I call her Kirkatir. It is a Turkish name. It means "grey mule." But she is like all mules. She answers to no label. She comes when she feels like it. She does what she pleases. Thankfully, that includes carrying our supplies.



Paul Salopek and his mule in Turkey.



## **Walking Grass**

Near Khurramabad, Pakistan January 02, 2018 Along his travels, Salopek sees many people. Here, he meets some farmers carrying hay.

The mountains here are cold and dry. In the summer, melting snow flows over roads and villages. In fall, pastures become dry again. Soon farmers will cut hay.

I meet an older couple. They are cutting hay in their fields. The wife is very short. She is also very strong. She carries a load of hay. It is heavy. She does not complain.

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